VT symposium 2018

LV summit VT

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Anatomy of LV summit



Circ Arrhythm Electrophysiol. 2013;6:e80-e84 Card Electrophysiol Clin 8 (2016) 99–107

Anatomy of LV summit



McAlpine, Heart and Coronary Arteries, Springer-Verlag, Berlin - Heidelberg, 1975

Approach to LV summit



1. Epicardium -GCV/AIV -Epicardial Access 2. LCC 3. LV endocardium 4. Septal branches 5. RVOT 6. LAA

McAlpine, Heart and Coronary Arteries, Springer-Verlag, Berlin - Heidelberg, 1975

ECG characteristics of LV summit



- RBBB with inf axis
- III/II ratio >1.25
- aVL/aVR ratio >1.1
- Early transition zone (V₂ or V₃)
- S waves in V5 or V6
- QS pattern in lead I
 - 30% of patients
- "pattern break" in V₂
 - Abrupt loss of R wave in V2 followed by return of R wave in V3

Electrocardiographic Recognition of the Epicardial Origin of Ventricular Tachycardias



Predictors of failure of an endocardial VT ablation

- Pseudodelta wave ≥ 34 ms
- Intrinsicoid deflexion time ≥85 ms
- Shortest RS interval ≥121ms
- QRS duration ≥211ms

Percutaneous Epicardial Ablation of Ventricular Arrhythmias Arising From the Left Ventricular Summit Outcomes and Electrocardiogram Correlates of Success





Appropriate candidates for epicardial ablation

- Q-wave ratio of >1.85 in aVL/aVR
- R/S ratio of >2 in V1
- absence of q waves in lead V1



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Santangeli P et al. Circ AE. 2015;8:337-343

Mapping and ablation of LVS VA

- Coronary sinus and GCV/AIV
- Coronary cusps
- LV endocardium below the LCC
- RVOT
- Percutaneous epicardial approach
- Surgical approach
- Others

Mapping the coronary sinus and GCV/AIV



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Enriquez A, Garcia F et al. Heart Rhythm 2017;14:141-148

Ablation at the GCV/AIV



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Enriquez A, Garcia F et al. Heart Rhythm 2017;14:141–148

Limitations for ablation within the GCV/AIV

- Difficulty in advancing the ablation catheter to the site of interest
- Inability to achieve adequate power because of impedance or temperature raise
- Proximity to coronary vessels
 - <u>RF ablation is not recommended within 5 mm of a coronary</u> artery visualized in at least 2 fluoroscopic projections
- Stepwise incremental of RF energy if possible (target 20–40W) is recommended

Mapping the coronary cusps







Mapping the LV endocardium below the LCC



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Enriquez A, Garcia F et al. Heart Rhythm 2017;14:141–148

Ablation of ventricular arrhythmias arising near the anterior epicardial veins from the left sinus of Valsalva region: ECG features, anatomic distance, and outcome



Table 2Calculated sensitivity, specificity, and predictive values for the anatomical distance and ECG predictors of successful ablationfrom the LSV region

Criteria	Sensitivity (%)	Specificity (%)	PPV (%)	NPV (%)	95% Confidence interval	
Anatomical distance <13.5 mm	78	64	64	78	Successful: 5.99–16 mm Unsuccessful: 12.26–28.54 mm	
Q-wave ratio in aVL/aVR <1.45	89	75	80	85	Successful: 0.92–1.56 Unsuccessful: 1.27–3.03	
R-wave ratio in lead III/II <1.13	78	75	78	75	Successful: 0.95–1.15 Unsuccessful: 1.03–1.64	

ECG = electrocardiographic; LSV = left sinus of Valsalva; PPV = positive predictive value; NPV = negative predictive value.

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Abularach MEJ, Marchlinski FE et al. Heart Rhythm 2012;9:865-873

Ventricular Arrhythmias Near the Distal Great Cardiac Vein Challenging Arrhythmia for Ablation



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Nagashima K, Stevenson WG et al. Circ AE 2014;7:906-912

Mapping the RVOT



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Enriquez A, Garcia F et al. Heart Rhythm 2017;14:141–148 Ho SY. Anatomy for Cardiac Electrophysiologists

RVOT and coronary artery



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Epicardial ablation at LVS



- Radiofrequency delivery on the epicardium was attempted only in 14 (61%) patients;
- in the remaining 9 (39%) cases, radiofrequency delivery was aborted because of <u>close proximity to either</u> <u>the left anterior descending</u> <u>or circumflex coronary artery</u>
- Of the 14 patients in whom radiofrequency energy delivery was attempted, it was acutely successful in suppressing the VAs in only 5

Santangeli P et al. Circ AE. 2015;8:337-343

Surgical cryoablation for ventricular tachyarrhythmia arising from the left ventricular outflow tract region ③

- March 2009 to March 2014
- 190 consecutive pts with focal VA from LVOT ablation
- Brigham and Women's Hospital, Boston
- 4 patients (2%) underwent surgical cryoablation
- Handheld argon-powered probe (Cryoablate CryoFlex surgical ablation probe, Medtronic)



	Case 1	Case 2	Case 3	Case 4
Age	48	56	62	44
Gender	Female	Female	Male	Male
Clinical presentation	Symptomatic PVCs and repetitive monomorphic VT	Sustained and repetitive monomorphic VT with presyncope	Symptomatic PVCs	Symptomatic PVCs
Echocardiogram	Mild global LV hypokinesis (LVEF 0.45)	Moderate global LV hypokinesis (LVEF 0.35)	Moderate to severe global LV dysfunction (LVEF 0.2-0.3)	Low normal LVEF with mildly dilated LV Moderate aortic valve regurgitation
Cardiac MRI	Mild systolic dysfunction (LVEF = 45-50%).	Mild systolic dysfunction (LVEF = 45-50%).	Not done	Moderately dilated left ventricle with mild systolic dysfunction (LVEF = 50%)
	No LGE	No LGE		No LGE. Severe aortic insufficiency
Coronary angiography	Normal	Normal	Diffuse moderate (60%) LAD stenosis	Normal
24-hour Holter or event monitoring	Repetitive monomorphic VT and PVCs	Repetitive monomorphic VT and PVCs	Symptomatic monomorphic PVCs comprising 36% of QRS complexes over 24 hours	Frequent symptomatic PVCs in couplets and triplets correlating with symptoms
Other co-morbidity	No	Prior chemotherapy with adriamycin for osteosarcome	Coronary artery disease with remote balloon angioplasty of LAD	Bicuspid aortic valve with moderate to severe aortic regurgitation
Electrocardiogram				
Precordial leads	LBBB pattern	LBBB pattern	LBBB pattern	LBBB pattern
R-wave transition	V3	V3	V3	V3
QRS axis	Inferior	Inferior	Inferior	Inferior
Lead I	rs	rS	rs	R
S wave in V6	Yes	Yes	Yes	Yes
Q wave amplitude in aVL/aVR	1	2.8	0.9	No Q wave in aVR
R wave amplitude in III/II	1.1	1.4	0.9	0.3
MDI	0.59	0.71	0.68	0.68

LV, left ventricle; LAD, left anterior descending artery; LVEF, left ventricular ejection fraction; LBBB, left bundle branch block; MDI, maximum deflection index

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Choi EK, Roy JM et al. Heart Rhythm 2015;12:1128-1136





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Choi EK, Roy JM et al. Heart Rhythm 2015;12:1128–1136

Case 1.

- Three previous catheter ablation procedures failed
- Earliest activation (20 ms before QRS onset) with a pacemap QRS identical to the VT was recorded in the distal GCV, close to LM
- In OR, frequent PVCs were induced with isoproterenol infusion in escalating doses to 4 µg/min
- Pacing and cryoablation at LV summit area (-150°C for 3 to 5minutes, total 25 minutes of cryoablation)





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Choi EK, Roy JM et al. Heart Rhythm 2015;12:1128–1136

Case 2.

- Three previous catheter ablation procedures failed
- Earliest activation (40 ms before QRS onset) with a pacemap QRS identical to the VT was recorded in the <u>distal</u> <u>GCV, close to LM</u>
- Medtronic model 4196 bipolar pacing lead
- Failed induction PVC/VT at OR room
- Diagonal branch of the LAD overlying the AIV
- Five-minute cryoablation applications (3 lesions)
- Brief ST elevation and high lateral wall LV hypokinesis during the final cryoablation
- No VA during 41 months of FU







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Choi EK, Roy JM et al. Heart Rhythm 2015;12:1128-1136

Case 3.

- Failed catheter ablation via CS (high temp at low energy)
- Epicardial approach: within 2 mm of the LCX and LAD
- <u>Pacing lead</u> was positioned at the junction of the GCV within the anterolateral branch (Medtronic model 4196, 78 cm)
- No inducible PVC at OR room
- Cryoablation at region just beneath the distal GCV
- Anterior ST-segment elevation and LV dysfunction attributed to coronary



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Choi EK, Roy JM et al. Heart Rhythm 2015;12:1128–1136

Case 3.

- Different PVC during postop
- <u>RFCA at LVOT endocardium below the epicardial ablation area</u>, below the aortic annulus at the level of jxn of the RCC/LCC commisure
- 3 months later, angina->CAG: 90% stenosis at LAD->PCI
- No VA during 39 months FU



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Choi EK, Roy JM et al. Heart Rhythm 2015;12:1128-1136

Totally endoscopic robotic epicardial ablation of refractory left ventricular summit arrhythmia: First-in-man @ •



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Electrocautery-assisted dissection of 10–15 mm off at to allow for more complete mapping with direct epicardial contact

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Aziz Z et al. Heart Rhythm 2017;14:135–138

Different ablation strategy

Bipolar ablation



Needle ablation



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Circulation. 2013;128:2289–2295 J Cardiovasc Electrophysiol. 2014;25:1093-9

Venous ethanol ablation for LVS VT



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Kreideieh B, Valderrábano M et al. Circ AE 2016;9:e004352

Take home message

- Anatomy of LV summit
- ECG characteristics: III/II ratio, aVL/aVR ratio
- Systematic approach in EP lab
 - Coronary sinus and GCV/AIV
 - Coronary cusps
 - LV endocardium below the LCC
 - RVOT
 - Percutaneous epicardial approach
- Ablation: conventional, bipolar, needle, and EtOH
- Surgical approach: cryo, RFCA

Seoul National University Hospital Cardiac Arrhythmia Laboratory

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Animal Lab

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Thank you for your attention

Bo-mi Yu

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Circ Arrhythm Electrophysiol. 2013;6:e80-e84.



Choi EK, Roy JM et al. Heart Rhythm 2015;12:1128–1136

CT and fluoroscopic images of LV summit



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Yamada T et al. Circ AE 2010;3:616-623